

## GG0130A. Eating

**A. Eating:** The ability to use suitable utensils to bring food and/or liquid to the mouth and swallow food and/or liquid once the meal is placed before the resident.

### Assessment Timing

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**Admission:**

- Admission performance.
- Discharge goal.

**Discharge:**

- Discharge performance.

### Eating Inclusions and Exclusions for Coding

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**Included:**

- All food and liquids.
- All diets taken by mouth, including mechanically altered.
- Setup and cleanup of the meal.

**Excluded:**

- Assistance with or administration of tube feedings, parenteral nutrition, or total parenteral nutrition (TPN).

### Coding Tips

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The activity of eating involves bringing food and liquids to the mouth using suitable utensils, and swallowing food and/or liquids once the meal is placed before the resident.

## Examples

Each row in the table below provides a clinical example for coding **GG0130A. Eating**. Statements 1 and 2 identify key elements that inform coding based on the resident's oral intake and need for tube feedings, parenteral nutrition, or TPN. The correct code is provided at the end of each example.

### Examples for GG0130A. Eating

	Statement 1	Statement 2	Code
Example 1	Resident eats and drinks by mouth.	Resident relies <b>partially</b> on tube feedings or parenteral nutrition to obtain nutrition and liquids.	<b>Code Using 6-Point Coding Scale</b> , based on the type and amount of assistance required to eat and drink by mouth.
Example 2	Resident <b>does not</b> eat or drink by mouth at the time of the assessment.	Resident did not eat or drink by mouth <b>prior to the current</b> illness, injury, or exacerbation.	<b>Code 09</b> , Not applicable.
Example 3	Resident does not eat or drink and relies <b>solely</b> on nutrition and liquids through tube feedings or TPN.	Due to a new (recent-onset) medical condition.	<b>Code 88</b> , Not attempted due to medical condition or safety concerns.

## Clinical Considerations

- The eating activity may be completed with or without the use of adaptive eating utensils and assistive device(s).
- Code based on the need for assistance to eat safely.
- If the resident eats finger foods using their hands, then code Eating based upon the amount of assistance provided.
- Consider any assistance needed for setup or cleanup provided *prior to the eating activity* once the meal is placed before the resident or after. If a helper opens cartons and containers prior to the resident eating, and there are no safety concerns about the resident's ability to eat, then **GG0130A** would be coded **05, Setup or clean-up assistance**.
- If the meal is placed before the resident with a modified consistency diet and the resident can bring the food to their mouth using suitable utensils and swallow the food and/or liquid safely, then code **GG0130A. Eating 06, Independent**.